

myVirtualCare Access Plan

Meet Grace

Meet Grace, who has had the same primary care physician (PCP) for the past 10 years. She values the continuity of care and trust she has developed with her PCP.

However, lately, she has been considering an alternative medical plan that might better suit her evolving healthcare needs, lifestyle, and financial situation. Grace's current PCP provides excellent care, but it's becoming more difficult to schedule an appointment.

So Grace decided to switch to the myVirtualCare Access plan—a comprehensive virtual first primary care solution offered through Teladoc Health.

Benefits for Grace:

- **Convenience & Accessibility:** Virtual primary care allows Grace to access certain health care services from the comfort of her own home. This eliminates the need for travel, waiting rooms, and the associated time and inconvenience.
- **Flexible Scheduling & Reduced Wait Times:** Grace benefits from increased scheduling flexibility for virtual appointments.
- **Efficient Care Coordination:** In cases of more significant health concerns or specialist referrals, Grace's Teladoc Health virtual PCP will refer her to a high-quality in-network, provider for in-person care. She also has a dedicated Care Team to help coordinate follow-up visits and answer any questions.
- **Cost Savings:** Virtual care visits are \$0 and remove any travel-related costs associated with in-person healthcare appointments.
- **Peace of Mind:** Grace has peace of mind knowing that health care is readily available.



If you're like Grace, learn more about the myVirtualCare Access plan to see if it's right for you.