

myVirtualCare Access Plan

Meet Mark

Meet Mark, a family man who values his time and convenience. Between his job and taking care of his family, the last thing he wants to deal with is the hassle of traditional in-person doctor visits.

That's where **myVirtualCare Access** comes in, a comprehensive virtual first medical plan with in-person care support available when needed.

With the **myVirtualCare Access** plan, Mark can choose a board-certified Teladoc Health virtual primary care doctor and engage with them conveniently via phone, video or digital message, rather than in-person. They'll take the time to genuinely listen to his health concerns, ensuring he receives the personalized attention he deserves.

Plus, they'll handle all the details on Mark's behalf – from coordinating necessary follow-ups to managing prescription and lab orders.

The best part? For Mark, and YOU, **all virtual care services through Teladoc Health are \$0** and include:

- Primary care visits with the same primary care doctor each time
- Mental health care visits & support through digital programs or coaching
- 24/7 non-emergency care
- Expert medical opinion for second opinions on an existing diagnosis or treatment
- Chronic condition support for managing diabetes and hypertension
- Dermatology
- Nutrition and wellness

And when you need in-person care, your Teladoc Health doctor will refer you to a high-quality in-network, provider for in-person care near you. You also have a dedicated Care Team to help coordinate follow-up visits and answer any questions you may have.



If you're like Mark, learn more about the myVirtualCare Access plan to see if it's right for you.