

# myVirtualCare Access Plan

## Meet Nathan

Meet Nathan, a middle-aged professional who experienced a significant car accident over a decade ago that resulted in heart surgery.

Nathan places immense trust in his existing team of specialists but is open to establishing a new primary care relationship. Nathan needs a primary care doctor capable of seamless collaboration with his specialists, particularly his cardiologist.

That is where **myVirtualCare Access** comes in – a comprehensive virtual-first primary care solution offered through Teladoc Health at \$0 for Nathan and others just like him. Nathan has the ability to search for his existing specialists on the Provider Finder to ensure they are in-network.

### Benefits for Nathan:

- **Virtual Primary Care:** Nathan can pick a board-certified Teladoc Health virtual primary care physician (PCP) and easily engage with them via phone or video.
- **Effortless Medical Records:** Before Nathan's appointment, he will be prompted to complete a digital pre-visit assessment of his medical history, health goals, concerns, and information about other recent clinical visits. With Nathan's consent, his Teladoc Health care team will also collect medical records from other doctors on his behalf. During the virtual exam, Nathan & his Teladoc virtual PCP will review this information in depth.
- **Efficient Specialist Coordination:** When necessary, Nathan's Teladoc Health PCP streamlines in-person follow-ups with his current specialists, making sure there is no interruption in his care and keeping his relationship with his specialists. If Nathan needs to see a specialist he doesn't have an existing relationship with, his Teladoc Health PCP will refer him to a high-quality specialist within his network.
- **Reliable Backup Assistance:** When Nathan's specialists are unavailable, his Teladoc Health PCP proactively manages his healthcare, including prescriptions and lab orders, to always make sure he gets the care he needs.
- **Total Peace of Mind:** Nathan can rest assured, knowing his Teladoc Health PCP oversees every aspect of his care.



If you're like Nathan, learn more about the myVirtualCare Access plan to see if it's right for you.