

myVirtualCare Access Plan

Meet Sarah

Meet Sarah, a working mother of two children. Her daily life involves balancing work responsibilities and managing her kids' to-and-from school activities.

The family's busy schedule often goes beyond the usual 9-5, prompting Sarah to seek a health plan that seamlessly fits their lifestyle.

With the **myVirtualCare Access** plan, Sarah has access to free pediatric care. Services include:

- In-person pediatrician visits with in-network provider
- Virtual specialty care (e.g., dermatology, nutrition, expert medical opinion) via Teladoc Health
- Virtual chronic condition management (e.g., diabetes) via Teladoc Health
- Virtual mental health support (e.g., anxiety, peer relationships/bullying, school pressure) for children 13 years and older via Teladoc Health
- Virtual 24/7 urgent care (e.g., asthma, fever, flu, pink eye, lice, chickenpox, seasonal allergies) via Teladoc Health

And in cases where her family needs care beyond in-person pediatrician and virtual care, Sarah can leverage the benefits of the plan's Tier 1 network to see in-person doctors for a lower out-of-pocket cost than if she went through an alternative plan tier.

Note: Because children under age 18 must seek care from participating in-network in-person providers, their care will be considered Tier 1.

For Sarah, the **myVirtualCare Access Plan** has become an integral part of her family's life, offering the flexibility and convenience that aligns perfectly with their busy and unpredictable schedule.



If you're like Sarah, learn more about the myVirtualCare Access plan to see if it's right for you.